

## “A Year with Jesus”

### Week 17, April 25th, Luke 10:38-42

//“How are you doing?” “Good, but really busy.”

“I know you’re really busy, but when you have time could you…”

“Busy” for some time now has been the catch word for our society. We use it so much its lost some of its meaning. In truth, “busy” has become a status word, used even when it isn’t true. What is certainly true is that we are often a distracted people. So many things vie for our attention that we miss out on what might be the best uses of our time. Enjoy this simple story and simple devotion, while knowing that in this moment, you’ve made a wise decision, and have chosen to do something good.

//Read Luke 10:38-42

After your first reading, what are your initial impressions of the story?

Who do you most immediately identify with, Mary or Martha?

The truth is, we all carry with us a bit of Mary and Martha. Take a moment with the thoughts below for each of the characters.

//Martha

- How are you like Martha?
- What are the “distractions” and “preparations” that keep you from being with Jesus? With others? With yourself?
- Martha resents the fact that Mary isn’t working as diligently. Does the importance of work or accomplishment bring this type of resentment or other relational struggles in your life?
- Jesus says, “You are worried and upset about many things.” Pause. In the silence, allow yourself to become aware of the distractions and worries that keep you from what is best; relationship with God and others. Turn each of these over to Jesus.

//Mary

- How are you like Mary?
- Jesus says, “few things are needed.” Pause. In the quiet together with Jesus, identify the few necessary things in your current life?
- How are you prioritizing these areas to make them most important?
- Jesus prioritizes listening, learning, and worshiping at his feet. What are the times and spaces you’ve created to do these things? How has Jesus affirmed these times and spaces to be the “better” choices for your life?

//Closing: Take a moment and do nothing but sit with and practice this phrase from Psalm 46:10. “Be still and know that I am God.” There’s no write or wrong way, simply practice this as it speaks to you in this moment.

Try noticing this week what seems like the distractions and the better things in your daily life. Identify one or two changes or practices that might prioritize towards the better.